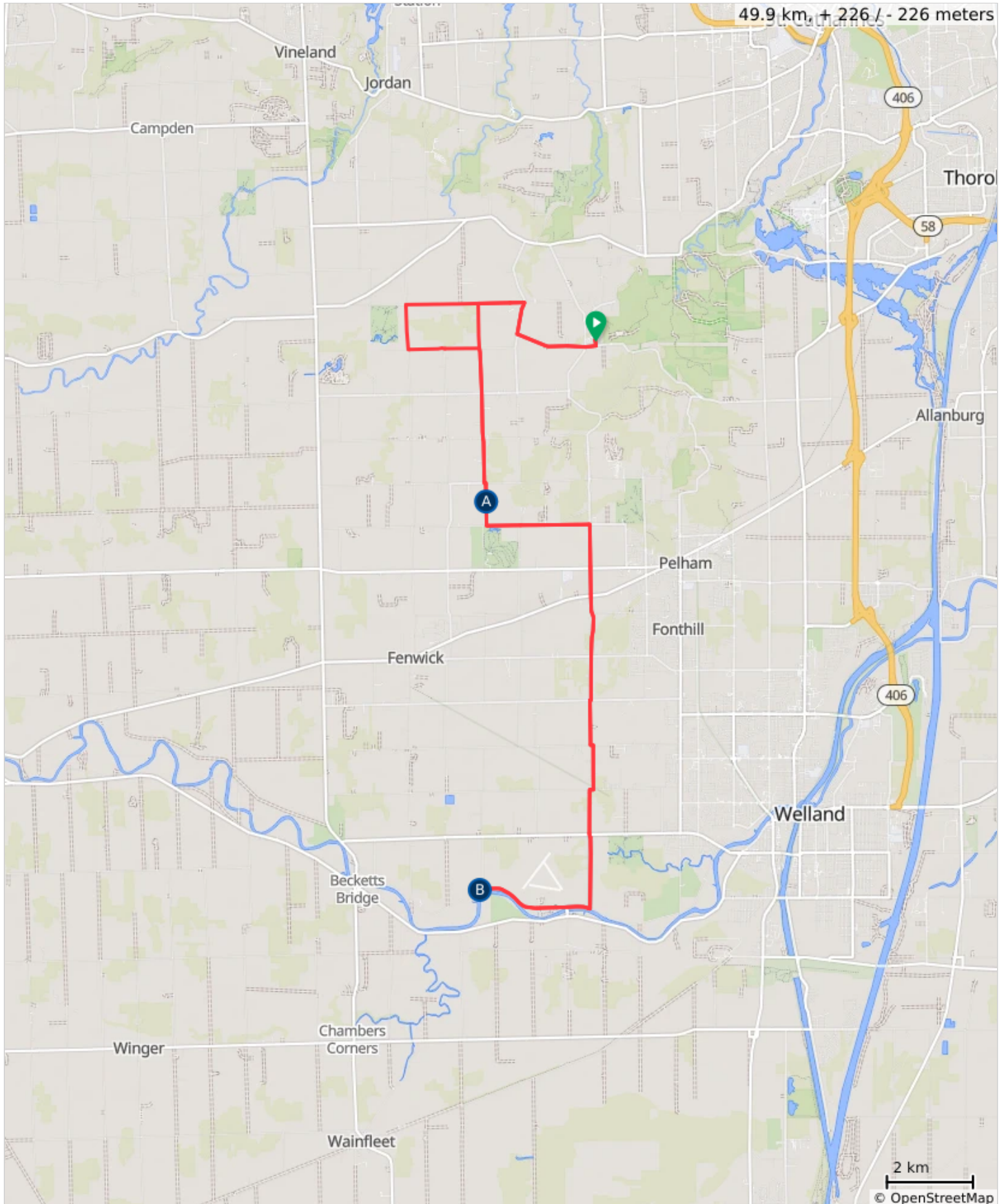


2026 - BMCR 50K FINAL



A. North Pelham Park

B. 606 River Road



Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0		Start of route	0.1
2.	0.1	0.1		Right onto Roland Road	1.9
3.	2.0	1.9		Right onto Centre Street	0.8
4.	2.8	0.8		Sharp left onto Sawmill Road	2.7
5.	5.5	2.7		Left onto Maple Street	1.0
6.	6.6	1.0		Left onto Roland Road	1.7
7.	8.2	1.7		Right onto Cream Street	3.1
8.	11.4	3.1		Left onto Metler Road	0.0
9.	11.4	0.0		Right onto Cream Street	0.4
10.	11.8	0.4	 	North Pelham Park	0.6
11.	12.4	0.6		Left onto Tice Road	1.6
12.	14.0	1.6		Continue onto Tice Road	0.8
13.	14.8	0.8		Right onto Effingham Street	4.1
14.	18.9	4.1		Right onto Foss Road	0.0
15.	18.9	0.0		Left onto Effingham Street	1.0

18.9 kilometers. +110/-92 meters

Num	Dist	Prev	Type	Note	Next
16.	19.9	1.0		Left onto Sumbler Road	0.1
17.	20.0	0.1		Right onto Effingham Street	1.0
18.	21.0	1.0		Right onto Chantler Road	0.1
19.	21.1	0.1		Left onto Effingham Street	1.0
20.	22.2	1.0		Slight left onto Effingham Street, 529	1.7
21.	23.9	1.7		Sharp right onto River Road, 529	5.5
22.	29.4	5.5		Sharp left onto Effingham Street, 529	1.7
23.	31.1	1.7		Slight right onto Effingham Street	1.0
24.	32.1	1.0		Right onto Chantler Road	0.1
25.	32.2	0.1		Left onto Effingham Street	1.0
26.	33.3	1.0		Left onto Sumbler Road	0.1
27.	33.3	0.1		Right onto Effingham Street	1.0
28.	34.4	1.0		Right onto Foss Road	0.0
29.	34.4	0.0		Left onto Effingham Street	4.1
30.	38.5	4.1		Left onto Tice Road	0.5
31.	38.9	0.5		Continue onto Tice Road	1.9

20.0 kilometers. +102/-41 meters

Num	Dist	Prev	Type	Note	Next
32.	40.9	1.9	➡	Right onto Cream Street	1.0
33.	41.9	1.0	⬅	Left onto Metler Road	0.0
34.	41.9	0.0	➡	Right onto Cream Street	4.2
35.	46.1	4.2	➡	Right onto Sawmill Road	1.1
36.	47.1	1.1	↘	Sharp right onto Centre Street	0.8
37.	47.9	0.8	⬅	Left onto Roland Road	1.6
38.	49.5	1.6	↗	Keep right onto Roland Road	0.3
39.	49.8	0.3	⬅	Left	0.1
40.	49.9	0.1	📍	End of route	0.0

11.0 kilometers. +14/-46 meters
